

NAME: _____

REQUIREMENTS CHECKLIST

Sankyu (3rd Class)

☐

Nikyu (2nd Class)

☐

Ikkyu (Master)

☐

BROWN BELT

First Aid/CPR Certification

DATE: ____/____/____

☐☐☐☐

KATA

Creative

☐☐☐☐

KATA Balisong (Training Blade Only)

and/or Self Defense Set 8

☐☐☐☐

MARTIAL ARTS THESIS

The history of the martial arts

Your dojo and instructor's history

Your future in White Tiger

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Your thesis must cover these three

topics and may be three pages or thirty

pages with or without pictures.

LINE TECHNIQUES 3 - 5

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